

THE 2 YEARS GS PRE-FOUNDATION PROGRAM

(FOR STUDENTS IN UNIVERSITIES & COLLEGES)

- **Objective:** Engage undergraduate students in comprehensive UPSC preparation using NCERT materials.
- **Duration:** 2 years (Classes on Saturdays & Sundays)
- **Session Structure:** 2.5 hours each on Saturday & Sunday
- **Monthly Tests:** Conducted on Sundays, based on UPSC Prelims pattern
- **Group Discussions:** Selected Sundays for enhanced engagement and understanding

THE SYLLABUS STRUCTURE

Subject	No. of Sessions	Per Class Hours	Total Hours	No. of Days
Indian Polity and Constitution	16	2.5	40	16
Indian History and Art & Culture + World History	21	2.5	52.5	21
Geography + Environment and Ecology	23	2.5	57.5	25
Indian Economy	12	2.5	30	12
Science and Technology	6	2.5	15	6
International Relations	4	2.5	10	4
Group discussion based on current affairs	24	2.5	60	24
Society	4	2.5	10	4
CSAT (Civil Services Aptitude Test) Sunday	28	2.5	70	28
Additional Sessions (Bridge sessions for other related competitive exams)	22	2.5	55	22
Gross Total	160		400	162

ADDITIONAL DETAILS *..Celebrating 13 years of its establishment*

- Teaching Methodology: Interactive Lectures, Case Studies, Diagrams and Maps, Current Affairs Integration
- Assessment and Feedback: Monthly tests, Personalized Feedback, Performance Tracking
- Group Discussions: On Selected Sundays, Focused on Current Affairs, Policy Analysis, and Opinion Building
- Additional Features: Comprehensive Study Material, Recorded Sessions, Doubt Clearing Forums
- Total Hours: 400+ hours (approx.)

DETAILED SYLLABUS BREAKDOWN

➤ Indian Polity and Constitution (16 Sessions)

- Constitution: Historical Underpinnings, Evolution, Features, Amendments, Significant Provisions, Basic Structure
- System of Government: Parliamentary, Federal, Judicial Structure, and Processes
- Local Governments: Panchayati Raj, Urban Local Bodies
- Rights Issues: Fundamental Rights, Duties, Directive Principles

➤ Indian History and Art & Culture (20 Sessions)

- Ancient India: Indus Valley Civilization, Vedic Period, Mauryan, Gupta Empires
- Medieval India: Delhi Sultanate, Mughal Empire, Regional Kingdoms
- Modern India: British Raj, Freedom Struggle, Post-Independence History
- Art and Culture: Classical Dances, Music, Architecture, Paintings, Religions

- **Geography (16 Sessions)**
 - Physical Geography: World Geography, Indian Geography, Geophysical Phenomena
 - Human and Economic Geography: Resources, Agriculture, Industry, Urbanization
- **Indian Economy (12 Sessions)**
 - Economic Development: Pre and Post-Independence Era, Liberalization, Privatization, Globalization
 - Planning and Development: Five Year Plans, NITI Aayog, Sustainable Development
 - Agriculture, Industry, Services: Current Status, Challenges, and Reforms
- **Environment and Ecology (12 Sessions)**
 - Basics of Environment: Ecosystems, Biodiversity, Conservation
 - Environmental Issues: Climate Change, Pollution, Sustainable Practices
- **Science and Technology (12 Sessions)**
 - Basics of Science: Physics, Chemistry, Biology relevant to UPSC
 - Technology: IT, Space, Biotechnology, Nanotechnology, Defence Technology
- **Current Affairs (16 Sessions)**
 - National and International Events
 - Government Policies and Schemes
 - Economic Surveys, Budget Analysis

INTERACTIVE TEACHING METHODOLOGY

Welcome to our unique UPSC coaching program, where NCERT textbooks meet the vibrant world of current affairs, creating a learning experience that's as engaging as scrolling through your favorite social media feed, but way more educational!

- **NCERT + Current Affairs = The Dynamic Duo:** Think of NCERT as the trusty sidekick to the superhero that is Current Affairs. Our classes aren't just about mugging up history dates or memorizing geography maps (though there's a bit of that too, because let's face it, exams!). We weave current events into the fabric of NCERT topics. Imagine discussing the economic policies of the Mauryan Empire one minute and jumping to the latest budget the next. It's like time travel but with news headlines. This approach ensures you're not just a bookworm but a news-savvy intellectual, ready to tackle the world's issues with a well-rounded perspective.
- **One Syllabus to Rule Them All:** Preparing for UPSC but also eyeing other competitive exams? Our program is the Swiss Army Knife of coaching. The skills and knowledge you gain here are transferable across a spectrum of exams like CDS, SSC, CAPF, various MBA entrance tests, and PSCs. We don't just prepare you for UPSC; we turn you into a trivia powerhouse, ready to conquer any quiz show or competitive exam that dares stand in your way.
- **Become the Citizen Sherlock Holmes:** Ever felt like the world's just too complex? Our program is like those detective novels where the protagonist puts together seemingly unrelated pieces to solve the mystery. We help you develop perspectives, turning you into a modern-day Sherlock Holmes but for understanding society and politics. By the end of this course, you won't just pass exams; you'll be the person at dinner parties who can explain international relations, economic policies, and the latest environmental issues while casually sipping on a cup of tea.
- **Peeling the Onion of Knowledge:** Complex topics? No problem! Our teaching method is like peeling an onion, layer by intriguing layer, minus the tears (hopefully). We break down complicated subjects into digestible chunks, helping you build a strong foundation. By the time you reach the core, you'll be amazed at how much you've learned without feeling overwhelmed. It's about nurturing the qualities of a thoughtful, well-informed graduate, ready to face the world's challenges with a smile and a well-argued opinion.

So, gear up for a learning journey that's as entertaining as it is enlightening. With us, education isn't just about filling your head with facts; it's about expanding your horizons, sharpening your mind, and preparing you to be the change-maker the world needs. Let's make learning fun again!

ASSESSMENT AND FEEDBACK: THE GAME-CHANGER IN YOUR LEARNING ODYSSEY

Welcome to the thrilling world of “Assessment and Feedback,” where every test is an adventure and feedback is your personal coach, cheering you on to greatness!

- **Bi-Monthly Challenges:** Imagine a world where exams are less of a nightmare and more of an exciting challenge, like a brainy version of your favorite reality show. Every other Sunday, we roll out the red carpet for our monthly tests. These aren't just exams; they're your chance to be the star of your own academic game show, showcasing your knowledge and skills. It's like hitting the gym for your brain - regular, invigorating, and incredibly rewarding.
- **Feedback:** Your Personalized Roadmap to Success: After each test, we don't just hand you a score and send you on your way. No, we believe in feedback that's as tailored to you as your favorite playlist. Our feedback sessions are like having a personal trainer for your intellect, helping you identify your strengths, work on your weaknesses, and pump up your overall academic fitness. We're here to guide, motivate, and sometimes gently nudge you towards your best self.
- **Performance Tracking:** Your Progress, Our Passion: With our state-of-the-art performance tracking, you can watch your progress like a series where you're the main character, constantly evolving and overcoming challenges. This isn't just about keeping scores; it's about understanding your journey, celebrating your improvements, and strategically planning your next move.
- **Group Discussions:** The Brainstorming Bonanza: On alternate Sundays, dive into the exhilarating world of group discussions. Here, every opinion matters, and every perspective is a window to a new world. It's like being part of a think tank where your thoughts help shape collective understanding. These sessions aren't just discussions; they're intellectual jam sessions where ideas dance and knowledge expands.

In our “Assessment and Feedback” universe, every test is a stepping stone to excellence, and every piece of feedback is a golden nugget of wisdom. So, buckle up for an engaging, transformative journey where assessments aren't just about grades; they're milestones in your quest for knowledge and success!

GROUP DISCUSSIONS: THE ARENA OF PERSPECTIVES AND ELOQUENCE

Step into our Group Discussions, a vibrant forum where ideas clash and harmonize, forging you into not just a speaker, but a maestro of words and wisdom. Here, in the exhilarating format of ‘for and against’ debates, you'll embark on a journey that transforms the way you express, argue, and perceive.

- **Mastering the Art of Academic Eloquence:** Picture yourself not just speaking, but captivating audiences with your words. Our group discussions are your training ground. As you navigate through the ‘for and against’ debates, you'll learn the subtle art of academic discourse. It's like learning to dance with words, each step a carefully crafted argument, each turn a respectful counterpoint. You'll learn to weave facts with eloquence, making your point not just heard, but felt and remembered.
- **Banishing the Public Speaking Goblins:** Fear of public speaking? Consider it a relic of your past. As you regularly stand to voice your thoughts in our group discussions, the once daunting task of public speaking becomes as natural as conversation. Each session is a step towards confidence, a journey from hesitation to assurance. You'll emerge not just as a speaker, but as a storyteller, an orator who can engage, persuade, and inspire.
- **The Birth of a Confident You:** Imagine walking into any room, any situation, armed with the confidence of a seasoned speaker. Our group discussions are the crucible where this transformation happens. You'll learn to articulate your thoughts in a politically correct manner, respecting diverse perspectives while firmly making your stand. This isn't just about speaking; it's about becoming a beacon of confidence in all walks of life.
- **Rich Perspectives: Your Intellectual Treasure:** Each session is a journey through a multitude of viewpoints, enriching your mind with a spectrum of ideas. You'll not just learn to speak; you'll learn to think, analyze, and understand the world in its myriad hues. It's like adding layers of depth to your thoughts, making you not just a speaker, but a thinker with a rich, well-rounded perspective.
- In our Group Discussions, every argument made, every counterpoint raised is a step towards becoming a more confident, articulate, and insightful individual. It's more than just a debate; it's a transformation into a confident speaker, ready to make a mark.

1 Year GS Foundation Pre Cum Mains*

THE SYLLABUS STRUCTURE

Subject Name	Total No. of Classes	Hours per class	Total Hours	No. of Classes Per Week
Pre-Foundation Classes (NCERT)	30	2.5	75	6
Polity	85	2.5	212.5	6
History	50	2.5	125	6
Geography	40	2.5	100	6
Ethics	46	2.5	115	6
Art & Culture	10	2.5	25	6
Society	13	2.5	32.5	6
Economy	36	2.5	90	6
Ecology & Envi.	15	2.5	37.5	6
Internal Sec. & DM	15	2.5	37.5	6
International Relations	15	2.5	37.5	6
Science & Tech.	18	2.5	45	6
PT Special Classes	54	2.5	135	6
CSAT Classes	40	2.5	100	6
Total course hours			1167.5	

- Classes are proposed to be conducted in above order
- 2 classes of 2.5 hours each will be conducted for 6 days a week for 11 months
- Total targeted hours are $2 \times 2.5 \times 6 \times 48 = 1440$ hrs
- Classes will be targeted to complete in 11 months, so that the students can prepare themselves for the CSE exam
- Some classes may be conducted parallelly e.g. CSAT with PT Special classes
- Faculties will share the plan of course before starting each subject
- Internal class tests will be conducted by Faculty & the same will be informed in advance by the him/her